

# March 2018-Lunch

| Sun   | Mon   | Tue  | Wed   | Thu   | Fri  | Sat   |
|---|---|--|---|---|--|---|
|   |   |  |   | Roast Turkey/Gravy<br>Bread Dressing<br>Squash Medley or Tuna<br>Pea Salad<br>Cheesecake  | 2 Butter Crumb Tilapia<br>or Bacon Wrapped Beef<br>Patty, Roasted Red Skin<br>Potatoes<br>Scalloped Corn<br>Iced Brownie                                 | 3 Fried Chicken/Gravy or<br>Salisbury Steak/Gravy<br>Mashed Potatoes<br>Cranberry Tossed Salad<br>Wheat Dinner Roll<br>Orange Cake w/Frosting         |
| 4 Meatloaf or Roasted<br>Chicken<br>Baked Potato<br>Asparagus<br>Fruit Cup  | 5 Glazed Ham w/<br>Pineapple, Au gratin Pota-<br>toes, Green Beans or<br>Turkey Bacon Club Sand-<br>wich w/Cinnamon Apple<br>Ice Cream        | 6 Lemon Pepper Fish<br>Egg Noodles, Prince<br>Edward Veg. Blend or<br>Creamed Pasta w/ Sausage<br>& Tomatoes, Breadstick,<br>Blend<br>Cherry Pineapple Gelatin | 7 Open Faced Turkey or<br>Beef Sandwich<br>Mashed Potatoes<br>Mixed Vegetables<br>Strawberry Cream Pie                      | 8 Pepper Steak/Gravy or<br>Pork Roast/Gravy,<br>Mashed Potatoes,<br>Capri Vegetable Blend<br>Wheat Dinner Roll<br>Bread Pudding | 9 BBQ Chicken or<br>Cheddar Baked Fish<br>Garlic Mashed Potatoes<br>Tossed Salad<br>Lime Pineapple Gelatin   | 10 Beef Stroganoff or<br>Ham Croquette<br>Noodles, Brussels<br>Sprouts Medley, Wheat<br>Dinner Roll, Whipped<br>Gelatin Parfait                       |
| 11 Chicken Teriyaki or<br>Beef Kabob, Pineapple<br>Rice Pilaf Spinach &<br>Apple Salad<br>Wheat Dinner Roll<br>Texas Gold Bar | 12 Coconut Crusted<br>Tilapia or Turkey ala<br>King Cheesy Potato<br>Casserole, Dilled Baby<br>Carrots, Wheat Dinner<br>Roll, Fresh Fruit Cup | 13 Beef a la Orange or<br>Pork Chop Supreme<br>Buttered Noodles<br>Normandy Veg. Blend<br>Key Lime Pie   | 14 Turkey Salad or Pork<br>Fried Rice<br>Banana Bread<br>Orange Wedges<br>Ice Cream   | 15 Ham Steak or Chef<br>Salad w/Turkey,<br>Breadstick<br>Scalloped Potatoes<br>Bermuda Veg. Blend<br>Fruit Fluff                | 16 Roasted Turkey/<br>Gravy or Baked Herb<br>Fish, Duchess<br>Potatoes, Prince Ed<br>Vegetable Blend<br>Sherbet  | 17 <i>St. Patrick's Day</i><br>Boiled Dinner or Sau-<br>sage Irish Mashed Pota-<br>toes, Onion Gravy,<br>Biscuit, Old Fashioned<br>Irish Oatmeal Cake |
| 18 Beef Vegetable<br>Stew or Beef Macaroni<br>Casserole, Shredded<br>Lettuce, Salad w/<br>Dressing, Bread<br>Ambrosia         | 19 Pepperoni Pizza or<br>BLT Sandwich<br>Fruit Cup<br>Ice Cream   | 20 Chicken Caesar Salad or<br>Stuffed Cabbage Rolls,<br>Twice Baked Potato, To-<br>mato & Cucumber Slices<br>Zucchini Bread<br>Watermelon                      | 21 Polish Sausage or<br>Baked Cod Almandine,<br>Mac & Cheese<br>Glazed Baby Carrots<br>Coconut Cream Pie                    | 22 Baked Ham or<br>Chicken Wild Rice .<br>Casserole, Scalloped<br>Potatoes Sweet Potatoes<br>Cherry Bread<br>Ice Cream          | 23 Shrimp Pasta Salad,<br>Spiced Apples or Swiss Steak<br>w/Tomatoes<br>Red Skin Potatoes<br>Garden Veg. Blend<br>Choc. Cake w/Peanut<br>Butter Frosting | 24 Crispy Baked Chicken/<br>Gravy or Pork Roast/<br>Gravy Mashed Potatoes,<br>Capri Veg. Blend, Wheat<br>Dinner Roll<br>Red Velvet Cake               |
| 25 Pot Roast or Grilled<br>Chicken w/Onions<br>Potatoes & Carrots<br>Wheat Dinner Roll<br>Fruit Crisp                         | 26 Chicken Chow Mein<br>or Beef Stir Fry w/<br>Vegetables, Spring<br>Garden Rice<br>Mini Egg Roll<br>Honeydew Melon                           | 27 Mesquite Roasted<br>Turkey or Braised Liver<br>& Onions, Fried<br>Potatoes & Onions<br>Buttered Corn<br>Fruit Cup   | 28 Chopped Steak/<br>Gravy, Mashed Potatoes<br>Multi-Color Cauliflower<br>or Ham & Pea<br>Carbonara, Cornbread<br>Ice Cream | 29 Chef's Surprise or<br>Taco Salad<br>Muffin<br>Pumpkin Bar  | 30 Cornflake Fish or<br>Turkey w/Apple<br>Normandy<br>Pumpkin Ravioli<br>Wheat Dinner Roll<br>Hello Dolly Bar  | 31 Beef Tips w/<br>Mushroom Gravy<br>Mashed Potatoes or<br>Chicken Alfredo Pizza<br>Napa Cabbage Salad<br>Apple Crumb Pie                             |