

# July 2018-Lunch

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Meatloaf or Roasted Chicken Baked Potato Asparagus Fruit Cup	2 Bacon Wrapped Beef Patty or Butter Crumb Tilapia, Roasted Red Skin Potatoes Scalloped Corn Iced Brownie	3 Roast Turkey/Gravy or Salisbury Steak/Gravy Mashed Potatoes Cranberry Tossed Salad Wheat Dinner Roll Orange Cake w/Frosting	4 <i>4th of July</i> Brat on Bun ,Sauerkraut or Fried Chicken Mustard Potato Salad Baked Beans Ice Cream	5 Glazed Ham w/ Pineapple, Au gratin Potatoes, Green Beans or Turkey Bacon Club Sandwich, Cinnamon Applesauce, Ice Cream	6 Lemon Pepper Fish Egg Noodles, Prince Ed Veg. Blend, Assorted Dinner Rolls or Cr. Pasta w/Sausage & Tomatoes, Breadstick Cherry Pineapple Gelatin	7 Open Faced Hot Turkey or Roast Beef Sandwich Mashed Potatoes Mixed Vegetables Strawberry Cream Pie
8 BBQ Chicken or Cheddar Baked Fish Garlic Mashed Potatoes Tossed Salad Lime Pineapple Gelatin	9 Chicken Teriyaki or Beef Kabobs, Pineapple Rice Pilaf, Spinach & Apple Salad, Wheat Dinner Roll, Angel Food Cake	10 Beef Stroganoff or Ham Croquette, Noodles Brussels Sprouts Medley Wheat Dinner Roll Whipped Gelatin Parfait	11 Pepper Steak w/ Gravy or Pork Roast/ Gravy, Mashed Potatoes, Capri Vegetable Blend Bread Pudding	12 Beef ala Orange or Pork Chop Supreme Buttered Noodles Normandy Vegetable Blend Key Lime Pie	13 Coconut Crusted Tilapia, Cheesy Potato Casserole, Dilled Baby Carrots or Turkey ala King w/Biscuit Fresh Fruit Cup	14 Turkey Salad or Pork Fried Rice Banana Bread Orange Wedges Ice Cream
15 Roasted Turkey/ Gravy or Baked Herb Fish, Mashed Potatoes Prince Edward Vegetable Blend Sherbet	16 Supreme Pizza or BLT Sandwich Fruit Cup Ice Cream	17 Glazed Pork Loin or Roast Beef, Onion Gravy, Baked Potato Sour Cream & Chives Carrot Coins Red Velvet Cake	18 California Hamburger or Beef Hot Dog on Bun, Baked Beans Deviled Potato Salad Ice Cream	19 Beef Vegetable Stew or Beef Macaroni Casserole, Shredded Lettuce Salad, Bread Ambrosia	20 Polish Sausage or Baked Cod Almondine Macaroni & Cheese Green Beans Coconut Cream Pie	21 Chicken Caesar Salad, Zucchini Bread or Stuffed Cabbage Roll Twice Baked Potato Watermelon
22 Pot Roast w/Potatoes & Carrots or Grilled Chicken w/Onions Wheat Dinner Roll Fruit Crisp	23 Chef's Surprise or Taco Salad Muffin Pumpkin Bar	24 Crispy Baked Chicken/Gravy or Savory Pork Roast/Gravy Mashed Potatoes, Capri Veg. Blend, Wheat Roll Chocolate Cream Pie	25 Sliced Baked Ham Scalloped Potatoes Southern Sweet Potatoes or Chicken Wild Rice Casserole, Bread Ice Cream	26 Chicken Chow Mein or Beef Stir Fry w/ Vegetables, White Rice Mini Egg Roll Honeydew Melon	27 Cornflake Fish or Turkey w/Apple Normandy, Pumpkin Ravioli, Wheat Dinner Roll Hello Dolly Bar	28 Ham Steak, Scalloped Potatoes, Bermuda Vegetable Blend or Chef Salad w/Turkey Breadstick Fruit Fluff
29 Shrimp Pasta Salad Spiced Apples or Swiss Steak w/Tomatoes Roasted Red Skin Potatoes, Garden Veg. Blend, Chocolate Cake	30 Mesquite Roasted Turkey or Braised Liver & Onions, Fried Potatoes & Onions Buttered Corn Fruit Cup	31 Beef Tips w/ Mushroom Gravy Mashed Potatoes or Chicken Alfredo Pizza Napa Cabbage Salad Apple Crumb Pie				