

Sun

Mon

Tue

Wed

Thu

Fri

Sat



December Willows Activity Schedule



All Activities are subject to change. Please check the white board located in the sitting room for daily schedule.

1
Morning activities:
Exercise
Rosary/Communion (10:15)
Balloon Toss
Afternoon activities:
Bowling
Snack/Ice Cream Social
Music
Classic Evening Movie

2
Morning activities:
Exercise, Balloon Toss ,Trivia
Afternoon activities:
Reminisce
Active Game
Snack
6:00 Lawrence Welk TV Show Channel 17

3
Morning activities:
Exercise, Balloon Toss ,Trivia
10:15 Catholic Communion
Afternoon activities:
Music DVD
Active Game
Snack
6:00 Movie

4
Morning activities:
Exercise
Craft
Creative Shading
Afternoon activities:
Make Muffins
Muffins & Coffee
Christmas Carols
DVD Sing-along

5
Morning activities:
Manicures
I Love Lucy
Afternoon activities:
Exercise
Prize Bingo
Snack
Strange But True
Music With Gary (5:45)

6
Morning activities:
Exercise to music
Rosary/Communion (10:15)
Music Sing-along
Afternoon activities:
Yahtzee
Christmas Tea
Finish the phrase
M & M Music (6:00)

7
Morning activities:
Exercise
Christmas Bingo
Past Times
Afternoon activities:
Holiday Baking
Snack
Big Book Trivia
Evening Stretch

8
Morning activities:
Chair exercise
Rosary/Communion (10:15)
Name That Tune
Afternoon activities:
Yahtzee
Snack
Christmas Sing-along
Classic Evening Movie

9
Morning activities:
Exercise, Balloon Toss ,Trivia
Afternoon activities:
Reminisce
Active Game
Snack
6:00 Lawrence Welk TV Show Channel 17

10
Morning activities:
Exercise, Balloon Toss ,Trivia
10:15 Catholic Communion
Afternoon activities:
Music DVD
Active Game
Snack
6:00 Movie

11
Morning activities:
Exercise
Parachute
Balloon Toss
Afternoon activities:
Make Muffins & Coffee
Christmas Memories
DVD Sing-along

12
Morning activities:
Manicures
Carol Burnett
Afternoon activities:
Exercise
Prize Bingo
Snack
Balloon Volleyball
Music With Gary (5:45)

13
Morning activities:
Balloon Toss
Rosary/Communion (10:15)
Chair exercise
Afternoon activities:
Bunco/Dice game
Christmas Trivia/Music
Snack/Singing
Wheel of Fortune (6:30)

14
Morning activities:
Exercise
Christmas Bingo
Name Some
Afternoon activities:
Holiday Baking
Snack
Christmas Craft
Evening Stretch

15
Morning activities:
Exercise
Rosary/Communion (10:15)
Hymn Sing
Afternoon activities:
Birthday party (1:15)
Snack/Music
Classic Evening Movie

16
Morning activities:
Exercise, Balloon Toss ,Trivia
Afternoon activities:
Reminisce
Active Game
Snack
6:00 Lawrence Welk TV Show Channel 17

17
Morning activities:
Exercise, Balloon Toss ,Trivia
10:15 Catholic Communion
Afternoon activities:
Music DVD
Active Game
Snack
6:00 Movie

18
Morning activities:
Exercise
Balloon Volleyball
Creative Shading
Afternoon activities:
Make Muffins
Muffins & Coffee
Big Book Trivia
DVD Sing-along

19
Morning activities:
Manicures
Dean Martin
Afternoon activities:
Exercise
Prize Bingo
Snack
Finish the song
Music With Gary (5:45)

20
Morning activities:
Exercise
Rosary/Communion (10:15)
Name That Tune
Afternoon activities:
Yahtzee
Holiday party (1:50)
Snack/Music
Wheel of Fortune (6:30)

21
Morning activities:
Exercise
Christmas Bingo
That's It
Afternoon activities:
Holiday Baking
Snack
Christmas Carols
Evening Stretch

22
Morning activities:
Balloon Toss
Rosary/Communion (10:15)
Chair Exercise
Afternoon activities:
Yahtzee
Holiday Pie Social
Christmas music
Classic Evening Movie

23
Morning activities:
Exercise, Balloon Toss ,Trivia
Afternoon activities:
Reminisce
Active Game
Snack
6:00 Lawrence Welk TV Show Channel 17

24/31
Morning activities:
Exercise, Balloon Toss ,Trivia
10:15 Catholic Communion
Afternoon activities:
Music DVD
Active Game
Snack
6:00 Movie

25 Merry Christmas!
Morning activities:
No activity staff
Exercise
Balloon Toss
Afternoon activities:
Reminisce
Active Game
Snack
DVD Sing-along

26
Morning activities:
Manicures
Carol Burnett
Afternoon activities:
Exercise
Prize Bingo
Snack
Balloon Volleyball
Music With Gary (5:45)

27
Morning activities:
Exercise
Rosary/Communion (10:15)
Name That Tune
Afternoon activities:
Trivia
Dice game
Snack/Music
Wheel of Fortune (6:30)

28
Morning activities:
Exercise
Christmas Bingo
Name Some
Afternoon activities:
Baking
Snack
Balloon Toss
Evening Stretch

29
Morning activities:
Chair Exercise
Rosary/Communion (10:15)
Balloon Toss
Afternoon activities:
Yahtzee
Snack/Ice Cream Social
Hymn Sing
Classic Evening Movie

30
Morning activities:
Exercise, Balloon Toss ,Trivia
Afternoon activities:
Reminisce
Active Game
Snack
6:00 Lawrence Welk TV Show Channel 17